



2019 AFRICAN CHAMPIONSHIPS
06-12 October 2019
FEDERATION ALGERIENNE DE VOILE
Algiers, ALGERIA



SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*. (RRS)
- 1.2 No national authority prescriptions will apply.
- 1.3 In all rules governing this regatta:
 - 1.3.1 **[SP]** denotes a rule for which a standard penalty may be applied by the Race Committee without a hearing (this changes RRS A5) or a discretionary penalty applied by the International Jury with a hearing;
 - 1.3.2 **[NP]** denotes a rule that shall not be grounds for protests by a board. This changes RRS 60.1(a).
 - 1.3.3 **[DP]** denotes a rule for which the penalty is applied according to the RRS Introduction - Notation
- 1.4 Laser Class Rule 7(a) is restricted as follows: "Only one person shall be on board whilst racing. The person shall be named on the entry form".
- 1.5 Appendix P "Special Procedures for RRS 42" will apply as explained in instruction 15.1.
- 1.6 If there is a conflict between languages the English text will take precedence.
- 1.7 The championships is the African Continental Qualification event for the 2020 Tokyo Olympic Games for RS:X Men, RS:X Women, Laser Standard and Laser Radial Women.
- 1.8 RRS B8 will not apply.
- 1.9 For Medal Races, World Sailing Addendum Q, Umpired Fleet Racing, will apply and takes precedence over any conflicting instructions.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located near the Meeting room.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the Official Signal Mast situated near the launching area.
- 4.2 When a visual signal is displayed over a fleet flag, the signal applies to that fleet only. This changes the Race Signals preamble.
- 4.3 **[NP][DP]** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal AP.
- 4.4 **[DP]** When flag Y is displayed ashore, RRS 40 applies at all times while afloat. This changes RRS Part 4 preamble.

- 4.5 **[NP][DP]** On the last day of racing, boat's/board's shall not launch until the D Flag is displayed over their Class Flag(s).

5 REGATTA FORMAT

- 5.1 The regatta will consist of a Single Series and a Medal Race for each Class.
 5.2 All Classes shall start separately, but sail on the same course area.
 5.3 At 2100 on the penultimate day, the top ten competitors in the overall rankings of Single Series, will be assigned to sail in the Medal Race. The International Jury may extend this time limit.

6 [DP] LASER AND LASER RADIAL

- 6.1 Supplied boats shall not be modified in any way except that:
 (a) a compass may be tied or taped to the hull or spars;
 (b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
 (c) adhesive tape may be used anywhere above the water line; and
 (d) all fittings or equipment designed to be adjusted may be adjusted, provided the class rules are complied with.
- 6.2 All equipment supplied with the boat for sailing purposes shall be in the boat while afloat.
 6.3 Competitors shall report any damage or loss of supplied equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore.

7 SCHEDULE OF RACES

7.1

October 6 th	Sunday	0900-1700 hrs 1800 hrs	Registration & Equipment Inspection Opening Ceremony
October 7 th	Monday	0900-1200 hrs 1300 hrs 1600 hrs	Registration & Equipment Inspection Practice Race Coaches Meeting
October 8 th	Tuesday	0900 hrs 1100 hrs	Coaches Meeting Races
October 9 th	Wednesday	0900 hrs 1100 hrs	Coaches Meeting Races
October 10 th	Thursday	0900 hrs 1100 hrs	Coaches Meeting Races
October 11 th	Friday	0900 hrs 1100 hrs	Coaches Meeting Races
October 12 th	Saturday	0900 hrs 1100 hrs 1600 hrs 1900 hrs	Coaches Meeting Medal Races Last possible warning signal Prize Giving & Closing Ceremony
October 13 th	Sunday		Departure

- 7.2 Number of races in Single Series (excluding the Medal Race):

<u>Class</u>	<u>Number</u>	<u>Races per day</u>
Laser and Laser Radial	11	maximum 3
RS:X Men and RS:X Women	11	maximum 3

- 7.3 The scheduled time of the warning signal for the practice race is 1300 hrs.
 7.4 The scheduled time of the warning signal for the first race each day is 1100 hrs.
 7.5 On each racing day there will be a coaches meeting, scheduled at 0900 hrs.

- 7.6 To alert boats/boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 7.7 On the last day of the regatta no warning signal will be made after 1600 hrs.
- 7.8 Each day succeeding races will be started as soon as practicable after the finish of the previous race.
- 7.9 Any race whose warning signal is not given by 1600 hrs on the last day of the regatta will be abandoned and not resailed.

8 CLASS FLAGS

Class flags will be:

<u>Class</u>	<u>Flag</u>
Laser	White with class insignia
Laser Radial	Green with class insignia
RS:X Men	White with class insignia
RS:X Women	Pink with class insignia

9 RACING AREA

Attachment 1 indicates an approximate location of the racing area.

10 THE COURSES

- 10.1 Attachment 2 shows the courses, including the course signals, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2 If a gate is either set or replaced by a single mark, it shall be left to port.

11 MARKS

- 11.1 Course marks:

Class	Colour and Shape of the Marks
Laser STD and Radial	Red inflatable cylindrical buoys
RS:X Men and Women	Yellow inflatable cylindrical buoys
Replacement Mark	Orange inflatable cylindrical buoy

- 11.2 The starting marks will be Race Committee Boats displaying orange flags.
- 11.3 The finishing marks will be Race Committee boats displaying Blue Flags and Yellow Banana buoys.
- 11.4 A Race Committee boat signalling a change of a leg of the course is a mark as provided in instruction 13.2.
- 11.5 A boat that is a mark, may not be anchored, but held in place by the use of an engine. This will not be grounds for redress, provided the boat remains close to her correct position. This changes RRS 62.1(a).

12 THE START

- 12.1 The starting line will be between staffs displaying orange flags on the starting marks.
- 12.2 **[DP]**Boats/boards whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.3 A boat/board starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will lay a replacement mark (or move the finishing line) and remove the original mark as soon as practicable.
- 13.2 Except at a gate, boats/boards shall pass between the Race Committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes RRS 28.

14 THE FINISH

- 14.1 The finishing line will be between;
 - 14.1.1 For RS:X course; a staff displaying a blue flag on the finishing boat at the port end and a yellow Banana buoy on the starboard end.
 - 14.1.2 For Laser course; a staff displaying a blue flag on the finishing boat at the port end and a yellow Banana buoy on the starboard end.

15 PENALTY SYSTEM

- 15.1 Appendix P for Laser Classes will apply with the following changes;
 - 15.1.1
 - (a) If a first penalty is signalled after a boat has crossed the finish line, a scoring penalty of 10% rounded to a whole number (rounding 0.5 upward) of the number of entries will be added to the boat's score. However, she shall not be scored worse than DSQ.
 - (b) RRS P3 is replaced with "If a boat has been penalised for the first time under RRS P1 and the race is restarted or resailed the penalty is cancelled, but it is counted to determine the number of times she has been penalised during the regatta. This changes RRS 36."
 - (c) RRS P4 is replaced with "An action by the jury under RRS P1 shall not be grounds for a request for redress by a boat. The jury may initiate a redress hearing and may give redress for an action under RRS P1 by a member of the jury or its designated observer". This changes RRS 60.1(b).
 - 15.1.2 A boat that has either retired from or been disqualified in a race for a second or subsequent breach of RRS 42 shall not compete in that race if it is restarted or resailed. For the purposes of this instruction a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date, or is resailed as part of a final series instead of a qualifying series. If she competes in that race, she shall be disqualified without a hearing and that score shall not be excluded (DNE) and the jury will consider calling a hearing under RRS 69.1(a).

This means:

Yellow Flag	Immediate penalty action by boat	After a general recall or a postponement or an abandonment	No action by boat	After a general recall or a postponement or an abandonment
1 st	Two turns / 10% (SI 18.1(a))	Can restart	DSQ	Can restart
2 nd	Retire (RET)	Shall not restart	DNE	Shall not restart
3 rd +	Retire (DNE)	Shall not restart	DNE Regatta	Shall not restart

16 TIME LIMITS AND TARGET TIMES

16.1 Time limits and target times are as follows:

<u>Class</u>	<u>Time Limit</u>	<u>Mark 1 Time Limit</u>	<u>Target Time</u>
Laser	75 min	25 min	50 min
Laser Radial	75 min	25 min	50 min
RS:X Men	45 min	20 min	20-25 min
RS:X Women	45 min	20 min	20-25 min

If no boat/board has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

16.2 Boats/boards failing to finish within 15 minutes after the first boat/board sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

17 PROTESTS AND REQUESTS FOR REDRESS

17.1 Protest forms are available at the Race Office, located close to the launching area. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

17.2 The protest time limit for each class is 60 minutes after the last boat/board has finished the last race of the day or the Race Committee signals no more racing today, whichever is later. For the purposes of this rule Laser and Laser Radial are considered as one class and RS:X Men and RS:X Women are considered as one class.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room.

17.4 Notices of protests by the Race Committee or the International Jury or the Technical Committee will be posted to inform boats/boards under RRS 61.1(b).

17.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

17.6 Decisions of the International Jury will be final as provided in RRS 70.5.

18 SCORING

18.1 3 races are required to be completed to constitute a series.

18.2 (a) When fewer than 4 races have been completed, a boat's/board's series score will be the total of her race scores.

(b) When between 4 and 10 races have been completed, a boat's/board's series score will be the total of her race scores excluding her worst score.

(c) When 11 races have been completed, a boat's/board's score will be the total of her race scores excluding her two worst scores

18.3 To request correction of an alleged error in posted results, a competitor shall complete a Scoring Enquiry Form available at the Race Office.

18.4 If no Medal Race is completed, the rankings in the Single Series will be established and this shall count as the official result.

18.5 Competitors assigned to compete in the Medal Races will be ranked highest in the regatta except for a competitor disqualified from a Medal Race under RRS 5, 6, 7 or RRS 69.

18.6 Medal Race;

18.6.1 The Medal Race score shall not be excluded.

18.6.2 The Medal Race score double points (1st=2 points; 2nd=4 points; etc), and the scores are based on the number of competitors assigned to compete in that race.

18.6.3 For competitors assigned to compete in the Medal Race, ties in the regatta score is broken by the Medal Race scores. This changes RRS A8.

- 18.7 A competitor assigned to compete in the Medal Race shall make a genuine effort to start, sail the course and finish. The penalty for a breach of this instruction will be ranking the competitor tenth in the regatta. If there are two such competitors, they will be ranked ninth and tenth, in order of their series ranks, and so on. This changes RRS A4 and A5.

19 [NP][DP]SAFETY REGULATIONS

A boat/board that retires from a race shall notify the Race Committee as soon as possible and shall complete a Retirement Declaration Form available from the Race Office, within the protest time limit.

20 [DP]REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless authorized by the Technical Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

21 [NP][DP]EQUIPMENT AND MEASUREMENT CHECKS

A boat/board or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat/board shall obey an instruction by the Technical Committee to proceed immediately to a designated area for inspection.

22 [NP][DP]EVENT ADVERTISING

Boats/boards shall display advertising supplied by the Organizing Authority.

23 OFFICIAL BOATS

Official boats will be marked as follows:

Race Committee:	White flag with RC
Jury:	Yellow flag with JURY
Measurement:	White flag with M
Press:	White flag with PRESS

24 SUPPORT BOATS

- 24.1 [DP] Team leaders, coaches and other support personnel shall stay outside areas where boats/boards are racing from the time of the preparatory signal for the first class to start until all boats/boards have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

- 24.2 [NP][DP] Support boats shall be marked with their national letters.

25 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

26 [NP][DP] BERTHING

Boats/boards shall be kept in their assigned places in the boat park.

27 [DP] RADIO COMMUNICATION

While on the water, a boat/board shall not carry equipment capable of making radio transmissions or receiving radio communications, except for equipment provided by the organizing authority. This restriction also applies to mobile telephones.

28 PRIZES

Prizes will be given at the discretion of the Organizing Authority.

29 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

30 [NP][DP] INSURANCE

Each participating boat/board shall be insured with valid third-party liability insurance with a minimum cover per incident as stated in the Notice of Race.

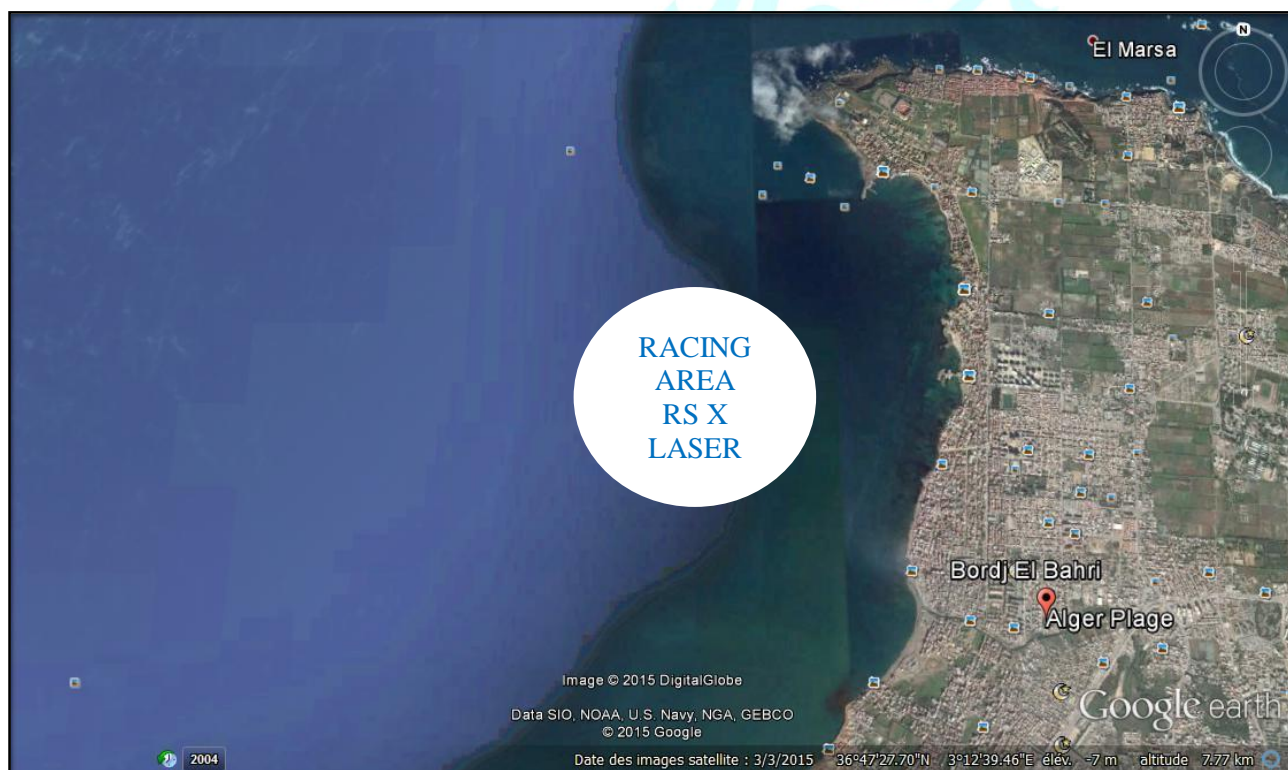
31 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

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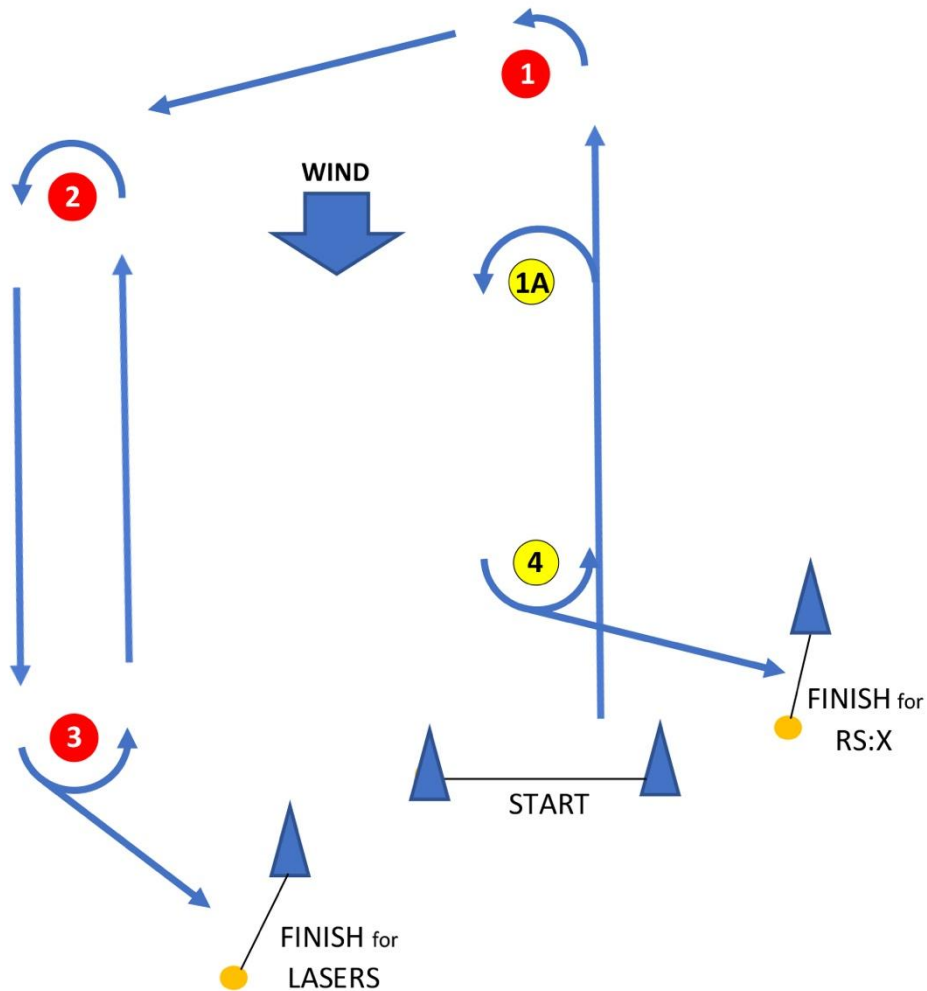
ATTACHMENT 1 – RACING AREA



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ATTACHMENT 2 – COURSES



FOR LASER STANDARD AND RADIAL

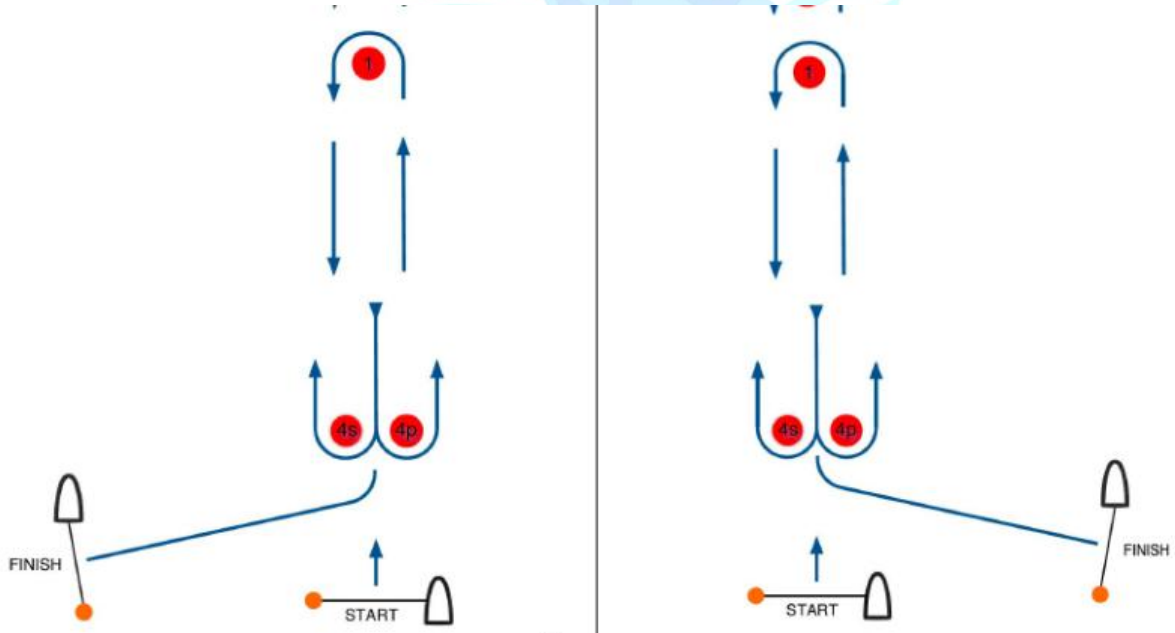
FOR RS:X MEN & WOMEN

SIGNAL	MARK ROUNDING ORDER	SIGNAL	MARK ROUNDING ORDER
O2	START-1-2-3-2-3-FINISH	LR2	START-1A-4-1A-4-FINISH
O3	START-1-2-3-2-3-2-3-FINISH	LR3	START-1A-4-1A-4-1A-4-FINISH

ATTACHMENT2 – MEDAL RACE COURSES

LG COURSE

LR COURSE



LG COURSE

LR COURSE

SIGNAL	MARK ROUNDING ORDER	SIGNAL	MARK ROUNDING ORDER
LG2	START-1-4S/4P-1-4S-FINISH	LR2	START-1-4S/4P-1-4P-FINISH
LG3	START-1-4S/4P-1-4S/4P-1-4S-FINISH	LR3	START-1-4S/4P-1-4S/4P-1-4P-FINISH

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